Group B Streptococcal β-Hemolysin Induces Mortality and Liver Injury in Experimental Sepsis

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New Zealand White rabbits were challenged with the wild-type (wt) group B streptococci (GBS) serotype III strain (COH1) and its isogenic nonhemolytic (NH) and hyperhemolytic (HH) mutants. Mortality differed significantly between rabbits infected with the HH mutant IN40 (67%), compared with rabbits infected with the wt COH1 strain (27%) and the NH strains COH1-20 and COH1:cyt E Δcat (13% and 0%, respectively; P < .05). Histopathologically, disseminated septic microabscesses surrounded by necrotic foci were found exclusively in the livers of HH mutant IN40–infected animals. Serum transaminase levels were 20-fold higher in the HH-infected group, compared with rabbits infected with the other strains. Positive TUNEL (in situ terminal deoxynucleotidyl transferase–mediated dUTP nick end labeling) staining and activation of caspase-3 in hepatocytes were more frequent in HH-infected than in wt-infected animals and absent in the NH mutant COH1-20–infected group, indicating that GBS β-hemolysin triggers apoptotic pathways in hepatocytes. This work provides the first evidence that GBS β-hemolysin plays a crucial role in the pathophysiology of GBS sepsis by inducing liver failure and high mortality.

On an annual basis, sepsis syndrome is diagnosed in ~1,000,000 patients in Europe and the United States. The incidence of gram-positive sepsis has risen since the 1980s, and, today, gram-positive organisms cause ~50% of all cases of sepsis [1]. Group B streptococci (GBS; Streptococcus agalactiae) are a major etiologic agent of pneumonia, meningitis, and septic shock in human newborn infants. The most thoroughly studied virulence factor of GBS is its antiphagocytic capsule [2], but the purified capsular polysaccharide is relatively innocuous, with regard to host injury. Like other gram-positive bacteria, GBS possess the cell-wall components peptidoglycan and lipoteichoic acid, with potentially toxic properties [3]. High concentrations of peptidoglycan and lipoteichoic acid of Staphylococcus aureus and Streptococcus pneumoniae, which seldom occur clinically, have been shown to induce characteristic signs of septic shock, such as hypotension, multiple organ dysfunction, and induction of inducible nitric oxide (NO) synthase (iNOS), in a rat model [4]. The cell walls of species that rarely cause septic shock, despite the fact that they commonly invade the bloodstream (e.g., Staphylococcus epidermidis), have not been demonstrated to be less toxic than the structurally similar components of highly virulent organisms. Thus, although cell walls may contribute to gram-positive septic shock, their effects do not fully explain the propensity of highly virulent pathogens, including GBS, to cause septic shock. Only recently has the effect of exotoxins been recognized in the context of classic streptococcal septic shock [5]. For instance, toxic shock syndrome is clinically indistinguishable from bacteremic shock, and this process is thought to be mediated solely by trace quantities of absorbed exotoxins that are produced by certain strains of S. aureus or group A streptococci [6].

Virtually all clinical isolates of GBS express a β-hemolytic phenotype on blood plates [7]. GBS β-hemolytic activity is mediated by a novel pore-forming cytotoxin, the genetic basis of which has been elucidated elsewhere [8–10]. In vitro, GBS β-hemolysin activity is associated with injury to lung epithelial [11] and endothelial [12] cells and to brain endothelial cells [13] and thus is speculated to contribute to GBS penetration of host cellular barriers [14]. We found recently that GBS β-hemolysin expression is associated with the induction of NO release from murine macrophages [15] and interleukin-8 from human lung epithelial cells [16], suggesting that β-hemolysin may also exhibit proinflammatory properties relevant in the sepsis cascade.

In an adult mouse model of late-onset GBS bacteremia and arthritis, β-hemolysin expression was associated with increased mortality, increased joint damage, and increased blood and intra-articular levels of interleukin-6 [17]. Information on the requirement(s) of GBS β-hemolysin expression for the more common and clinically important syndrome of early-onset septicemia,
however, is scant. Partially purified, β-hemolysin–containing supernatants of GBS cultures have been shown to induce cardio-
toxicity and hypotension after intravenous administration into
rabbits and rats [18]. Small-scale experiments using live GBS in
neonatal rats gave conflicting results: nonhemolytic (NH) mu-
tants were less virulent than the parent strain after direct pul-
monary (transtracheal) injection [19] but no less virulent after
intravenous administration [7]. In the present study, we used iso-
genic GBS mutants to examine the role of β-hemolysin in the
course of experimental GBS septic shock.

Material and Methods

Bacterial strains. COH1, a highly encapsulated type III GBS
strain isolated from the blood of a neonate with sepsis, was used in
this study [20]. Hyperhemolytic (HH; IN40) and NH (COH1-20)
isogenic variants of this isolate were produced by a single random
insertion of Tn916ΔE into the chromosome of the parent isolate
[11]. These mutations have been mapped (V.N., unpublished data)
and are distinct from the cyl locus containing the newly discovered
GBS β-hemolysin structural gene cylE. Although the molecular
genetic link to altered β-hemolysin activity remains uncertain, the
mutants are identical to the parent strain in terms of logarithmic
growth rate, production of capsule, group B antigen and hyaluroni-
dase, and the enzymatic and sugar fermentation profiles on the Api
20 Strep system for identification of streptococci (BioMérieux) [11,
12]. The genetically defined cylE knockout mutant COH1:cylEΔ
cat was generated by targeted plasmid integration mutagenesis,
as described by Pritzlaff et al. [10]. On the spectrum of GBS clinical
isolates, the COH1 strain produces a relatively modest baseline level
of β-hemolysin activity. The HH mutant IN40 expressed ~100-fold
greater levels of β-hemolysin, levels comparable to those in other
robustly hemolytic wild-type (wt) strains that have been characterized
elsewhere [11]. The strains were grown to late logarithmic phase
(optical density at 620 nm, 0.8, corresponding to 2 × 10^8 cfu/mL),
as assessed by the limulus amebocyte lysate test, in the semisynthet-
ic casein and yeast medium [21], which did not contain any detectable
contaminating endotoxin (<0.05 EU/mL).

Experimental infection of rabbits. New Zealand White rabbits
weighing ~3 kg were anesthetized by intramuscular injection of
ketamine (50 mg/kg), xylazine (10 mg/kg), and acepromazine (1.5
mg/kg). Anesthesia was maintained with these substances (25 mg/
ketamine, 5 mg/kg xylazine, and 0.75 mg/kg acepromazine per
single dose, as needed). Rabbits spontaneously breathed room air
throughout the experiment. Indwelling catheters were surgically
placed into the femoral artery and vein immediately before induction
of sepsis. A double-lumen 4-French polyurethane catheter in the fem-
oral vein was used to inject the bacteria; the arterial catheter was used
for blood sampling and continuous monitoring of systolic, diastolic,
and mean arterial blood pressure.

Bacterial strains grown in casein and yeast medium were washed
twice in PBS before injection into rabbits. Sepsis was induced by in-
travenous infusion of an aliquot of a freshly prepared GBS suspen-
sion (10^9 cfu in 10 mL PBS per rabbit), which was held on ice
until use. Control animals received PBS only. Forty-five rabbits
were studied in replicates of 3 animals, with each member of a set
being challenged with wt strain COH1, HH mutant IN40, or NH
mutant COH1-20 by blinded, random assignment. Two additional
groups of rabbits were studied: 12 rabbits were studied after chal-
lenge with COH1:cytEΔcat when this defined mutant subsequently
became available, and 6 rabbits received sham challenge. Rabbits
surviving for 8 h after bacterial challenge were killed while under
anesthesia by intravenous injection of pentobarbital (75 mg/kg).
Investigators remained blinded until each experimental set was
completed. Immediately before and at 30, 90, 180, and 480 min
after bacterial challenge, 1.5-ML blood samples were obtained from
each rabbit for quantitative culture and determination of nit-
rite/nitrate and lactic acid concentrations. Additional 200-μL
samples of blood were obtained at 0, 30, and 480 min for complete
blood cell counts, and 3-ML specimens for determination of clinical
chemistry parameters were obtained prior to challenge and at the
end of the experiments (480 min).

Hematoxylin-eosin (H-E), activated caspase-3, and TUNEL stains.
Liver tissue specimens were fixed in 10% neutral-buffered formalin,
embedded in paraffin, sectioned at 5 μm, stained with H-E, and ex-
amined by light microscopy. Activated caspase-3 in liver sections
was detected by using an affinity-purified antibody against active
caspase-3 (1 μg/mL; PharMingen). The Vectastain Elite ABC kit
(Vector) was used to visualize primary antibody binding sites. The
ApopTag in situ apoptosis detection kit (Intergen) was used to detect
apoptotic nuclei with fragmented DNA, according to the manufactur-
er’s instructions. The terminal transferase adds digoxigenin-labeled
and unlabelled nucleotides to the DNA fragments’ free 3'-OH ends.
Binding of digoxigenin nucleotides was visualized with a peroxi-
dase-conjugated anti-digoxigenin antibody and diaminobenzidine.

Measurement of bacteremia. Serial 10-fold dilutions of each
blood sample were prepared with PBS containing 1% albumin; 0.1
mL of each dilution was cultured on a chocolate agar plate, and col-
one-forming units were counted after overnight incubation at 37°C.

Lactic acid and nitrite/nitrate assays. The 1.5-ML blood speci-
mens were centrifuged in a tabletop centrifuge to remove all cellular
constituents. The supernatants were passed through a Centricron
filter (cutoff, 10,000 daltons; Amicon) for deproteinization. The lactic
concentration was determined in the clear filtrate, using a blood lactic
acid kit (826-UV; Sigma). For determination of nitrite concentra-
tions with the Griess reaction, nitrate was reduced to nitrite accord-
ing to the following protocol: 10 μL of nitrate reductase (5 U/mL;
Sigma) and 10 μL of NADPH (12 mmol/L; Sigma) were incubated
with 100 μL of the deproteinized sample for 30 min at 37°C. Next,
10 μL of lactic dehydrogenase (350 U/mL; Sigma) and 10 μL of
pyruvate (700 mmol/L; Sigma), together with 60 μL of PBS, were
added to the solution and incubated for another 15 min at 37°C. Ni-
trite was quantified with the Griess reaction, as described elsewhere
[22].

Complete blood cell counts and clinical chemistry. The blood
specimens for complete blood cell counts were placed in glass tubes
containing heparin and analyzed by use of an automatic counter (Sus-
mex CC-180-A; TOA Medical Electronics). Serum clinical chem-
istry parameters were determined by MedLabs (Memphis).

Statistical analysis. Data presented are means ± SD of 5–15
measurements (depending on the number of surviving rabbits at a
given time point). Analysis of variance was used to determine the
significance of differences between clinical parameters. The Kaplan-
Meier survival plot was analyzed by the log rank test. \( P < .05 \) was considered to be significant.

**Results**

**HH GBS challenge of rabbits is associated with increased mortality.** After intravenous infusion of 10^6 cfu of the HH mutant IN40, death occurred in 10 (67%) of 15 rabbits within the observation period of 8 h. In contrast, rabbits injected with the wt strain COH1 showed a mortality rate of only 27% (4/15), whereas the NH mutants COH1:cytEΔcat and COH1-20 induced the lowest mortality rate, 0 (0%) of 12 and 2 (13%) of 15, respectively (figure 1). Mortality was also zero in the sham-treated group.

Thirty minutes after injection of GBS, bacteremia was at a level of \( \sim 10^5 \) cfu/mL blood in the COH1, IN40, and COH1-20 groups but only 2.5 \( \times 10^3 \) cfu/mL in the COH1:cytEΔcat group (figure 2). In the COH1-20 group, bacteremia declined to 2.5 \( \times 10^3 \) cfu/mL after 3 h, indicating that this mutant was unable to establish progressive, high-grade bacteremia. In contrast, the concentration of the cytE knockout mutant COH1:cytEΔcat rose to \( \sim 4 \times 10^2 \) cfu/mL after 8 h, following a nadir at 90 min postinfection (figure 2). The wt strain COH1 resulted in the highest bacteremia, amounting to 6 \( \times 10^3 \) cfu/mL after 8 h. In the group infected with HH strain IN40, only 33% of animals survived the 8-h period, with a mean bacteremia of 10^3 cfu/mL, indicating that strain IN40, compared with the COH1 and COH1:cytEΔcat strains, induces substantially higher mortality without an apparent advantage in establishing and maintaining bacteremia.

**Hypotension occurs independently of GBS \( \beta \)-hemolysin production.** Since GBS \( \beta \)-hemolysin is a potent inducer of iNOS expression and NO production in murine macrophages [15], we hypothesized that \( \beta \)-hemolysin might play a role in the pathogenesis of septic shock by stimulating in vivo NO release with consequent severe hypotension. However, the mean arterial pressure declined steadily over 8 h to \( \sim 50\% \) of the original level (figure 3) in the wt strain COH1, HH mutant IN40, and NH mutant COH1-20 groups independently of \( \beta \)-hemolysin expression. Likewise, the serum nitrite concentrations in septic rabbits increased ~3-fold during the 8-h experiment, with no significant differences among the 3 treatment groups (table 1). Treatment with the COH1:cytEΔcat mutant resulted in a lesser decrease of mean arterial pressure, compared with the other GBS strains investigated (figure 3).

**Clinical laboratory monitoring.** Leukocyte and platelet counts declined to a similar degree during the course of the experiment in all 3 groups (table 1). Hemoglobin levels and red blood cell counts remained constant in the 3 groups (table 1). Thus, GBS do not cause clinically apparent hemolysis in vivo, even when producing relatively large amounts of \( \beta \)-hemolysin. However, lactic dehydrogenase increased 66-fold in the HH mutant IN40 group and \( < 10\text{-fold} \) in the wt strain COH1 and NH mutant COH1-20 groups (table 1), suggesting that cell death occurs in a \( \beta \)-hemolysin–dependent fashion. The accumulation of plasma lactate in animals of the wt strain COH1, HH mutant IN40, and NH mutant COH1-20 groups indicates impaired tissue perfusion independently of the level of \( \beta \)-hemolysin production (table 1). Creatinine increased moderately (but statistically significantly) above the normal range in the HH group, suggesting that moderate renal dysfunction might be associated with high-level \( \beta \)-hemolysin expression. The serum activities of aspartate aminotransferase and alanine aminotransferase increased 260- and 26-fold, respectively, in the HH mutant IN40 group but only mildly in the NH mutants COH1-20 and COH1:cytEΔcat and wt strain COH1 groups (table 1), indicating that extensive hepatocellular damage was correlated with \( \beta \)-hemolysin production. The serum levels of bilirubin, amylase, and lipase increased \( \sim 1.5\text{-fold} \), compared with baseline levels, in all treatment groups but never exceeded the normal range (data not shown). Serum electrolytes were not affected by treatment with GBS (data not shown).

**Histopathology of the liver.** The serum chemistry parameters indicated that \( \beta \)-hemolysin–induced injury preferentially targets the liver parenchyma, without marked effects on biliary excretion or pancreatic function. Consequently, we characterized liver injury by H-E, TUNEL, and activated caspase-3 stains.

**HH strains.** By light microscopy, disseminated septic microabscesses containing large amounts of bacteria surrounded by necrotic areas were found in peripheral segments of the livers from rabbits infected with the HH mutant IN40 (figure 4). On the level of the hepatic lobule, the necrotic areas were preferentially located around the portal triad (figure 4). In contrast, only a few isolated microabscesses were present in the liver of rabbits receiving the wt strain COH1 producing low amounts of \( \beta \)-hemolysin, and no areas of necrosis were evident (figure 4). Infiltration of mononuclear cells and polymorphonuclear neutrophil granulocytes in sinusoids and cytoplasmic vacuolization of hepatocytes

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**Figure 1.** Kaplan-Meier plot of survival in the rabbit group B streptococcal septic shock model. Rabbits were injected with the IN40 ( ), COH1 (○), COH1-20 (△), or COH1:cytEΔcat (○) strain of group B streptococci. The total no. of animals was 15 each for the COH1, IN40, and COH1-20 groups and 12 for the COH1:cytEΔcat group. The differences between IN40 and COH1, COH1-20, or COH1:cytEΔcat were statistically significant (\( P < .05 \), log-rank test).

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**Figure 2.** Time course of bacteremia in rabbits infected with the HH GBS mutant IN40 ( ), NH mutant COH1-20 ( ), or NH mutant COH1:cytEΔcat ( ) strain. The differences between IN40 and COH1, COH1-20, or COH1:cytEΔcat were statistically significant (\( P < .05 \), log-rank test).
was detected both in the HH mutant IN40 and wt strain COH1 treatment groups. Liver histopathology in rabbits treated with the NH mutants COH1-20 and COH1: cylEΔcat was largely inconspicuous. In these groups, minimal neutrophil infiltrates and vacuolization were present in a minor number of rabbits, whereas the majority showed no abnormality (figure 4). Microabscesses or areas of necrosis were never found after treatment with the NH strains.

**TUNEL staining.** Livers of sham-treated rabbits and animals infected with NH mutant COH1-20 were negative, as determined by TUNEL staining (figure 5). In contrast, positive TUNEL staining was found in hepatocytes of animals infected with the HH mutant IN40 (figure 5). In contrast to the massive necrotic areas identified by the H-E stain, TUNEL-positive hepatocytes were scattered over the liver acini and not clustered in the periportal regions (figure 5). Morphologically, the TUNEL-positive hepatocytes were shrunken and had pyknotic nuclei (figure 5). Compared with the group infected with the HH mutant IN40, the livers of animals infected with the wt strain COH1 showed fewer TUNEL-positive hepatocytes, and the TUNEL-positive cells were frequently localized in clusters around the portal triad of the liver lobules (figure 5).

**Immunohistochemical detection of activated caspase-3.** Active caspase-3 staining was most abundant in hepatocytes of HH mutant IN40–infected liver (figure 6), with a predominantly pan-cytoplasmic pattern on a single cell level. In contrast to the group infected with HH mutant IN40, the caspase-3–positive cells in the group infected with wt strain COH1 were concentrated around the portal triad (figure 6). In control livers and in livers infected with NH mutant COH1-20, no significant staining of activated caspase-3 was detected (figure 6).

**Discussion**

On the basis of our previous in vitro studies showing that the β-hemolysins of both GBS and *S. pneumoniae* are potent inducers of iNOS and NO production in macrophages [15, 23], we hypothesized that GBS β-hemolysin might play a role in the pathophysiology of sepsis and septic shock. To investigate this hypothesis, we used the GBS wt strain COH1 and its isogenic NH (COH1-20 and COH1: cylEΔcat) and HH (IN40) mutant strains in a lapin model of sepsis.

The COH1-20 and IN40 mutants were generated by a single random insertion of Tn916ΔE into the chromosome of the parent isolate [11]. These mutations have been mapped (V.N., unpublished data) and are distinct from the cyl locus containing the newly discovered GBS structural gene cylE. The NH mutant COH1-20 maps to an intragenic fragment 100 bp upstream of a large open-reading frame with homologies to the *Streptococcus thermophilus* lactose transport system protein (40% identity and 75% similarity). The identical insertion was identified in the NH mutants COH31cl5 and COH31cl12 reported by Weiser et al. [7]. Both parent and mutant strains retained the ability to ferment lactose. The HH mutant IN-40 maps immediately upstream of an open-reading frame possessing no significant GenBank homologies.

Both the NH and HH transposon mutant expressed the carbohydrate group B antigen, produced equivalent amounts of the type cell level. In contrast to the group infected with HH mutant IN40, the caspase-3–positive cells in the group infected with wt strain COH1 were concentrated around the portal triad (figure 6). In control livers and in livers infected with NH mutant COH1-20, no significant staining of activated caspase-3 was detected (figure 6).
Table 1. Clinical chemistry monitoring of rabbit serum at different time points during experimental Group B streptococcal (GBS) sepsis, by GBS strain.

<table>
<thead>
<tr>
<th>Variable, time (min)</th>
<th>COH1</th>
<th>IN40</th>
<th>COH1-20</th>
<th>COH1:cyt/EΔcat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red blood cell count, 10^6 cells/μL</td>
<td>6.5 ± 0.6 (15)</td>
<td>6.7 ± 0.9 (15)</td>
<td>6.5 ± 0.6 (15)</td>
<td>6.2 ± 0.4 (12)</td>
</tr>
<tr>
<td>30</td>
<td>6.3 ± 0.5 (13)</td>
<td>6.5 ± 1.2 (12)</td>
<td>6.5 ± 0.9 (15)</td>
<td>6.1 ± 0.7 (12)</td>
</tr>
<tr>
<td>480</td>
<td>7.0 ± 0.8 (11)</td>
<td>6.3 ± 0.6 (5)</td>
<td>6.6 ± 1.0 (13)</td>
<td>6.3 ± 0.6 (12)</td>
</tr>
<tr>
<td>Hemoglobin level, g/dL</td>
<td>12.8 ± 1.4 (15)</td>
<td>12.8 ± 1.6 (15)</td>
<td>12.4 ± 1.1 (15)</td>
<td>11.0 ± 0.7 (12)</td>
</tr>
<tr>
<td>30</td>
<td>12.4 ± 1.2 (13)</td>
<td>12.3 ± 1.7 (12)</td>
<td>12.4 ± 1.2 (15)</td>
<td>11.0 ± 0.9 (12)</td>
</tr>
<tr>
<td>480</td>
<td>13.4 ± 1.3 (11)</td>
<td>12.6 ± 1.8 (5)</td>
<td>12.6 ± 1.5 (13)</td>
<td>11.4 ± 1.0 (12)</td>
</tr>
<tr>
<td>White blood cell count, 10^8 cells/μL</td>
<td>4.5 ± 1 (15)</td>
<td>4.5 ± 0.9 (15)</td>
<td>4.5 ± 1.1 (15)</td>
<td>4.2 ± 0.8 (12)</td>
</tr>
<tr>
<td>30</td>
<td>3.0 ± 1.8 (13)</td>
<td>2.2 ± 0.9 (12)</td>
<td>2.9 ± 1.3 (15)</td>
<td>2.8 ± 0.5 (12)</td>
</tr>
<tr>
<td>480</td>
<td>1.6 ± 0.7 (11)</td>
<td>2.1 ± 1.2 (5)</td>
<td>1.9 ± 0.9 (13)</td>
<td>1.4 ± 0.9 (12)</td>
</tr>
<tr>
<td>Platelet count, 10^9 cells/μL</td>
<td>475 ± 155 (15)</td>
<td>400 ± 136 (15)</td>
<td>447 ± 175 (15)</td>
<td>396 ± 171 (12)</td>
</tr>
<tr>
<td>30</td>
<td>265 ± 101 (13)</td>
<td>156 ± 93 (12)</td>
<td>291 ± 133 (15)</td>
<td>196 ± 99 (12)</td>
</tr>
<tr>
<td>480</td>
<td>281 ± 108 (11)</td>
<td>166 ± 121 (5)</td>
<td>275 ± 132 (13)</td>
<td>254 ± 96 (12)</td>
</tr>
<tr>
<td>Aspartate aminotransferase level, U/L</td>
<td>16 ± 7 (15)</td>
<td>15 ± 6 (15)</td>
<td>11 ± 4 (15)</td>
<td>13 ± 5 (12)</td>
</tr>
<tr>
<td>480</td>
<td>164 ± 110 (11)</td>
<td>3940 ± 2082 (5)</td>
<td>127 ± 65 (13)</td>
<td>71.3 ± 42.9 (12)</td>
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<td>Alanine aminotransferase level, U/L</td>
<td>32 ± 9 (15)</td>
<td>27 ± 13 (15)</td>
<td>23 ± 8 (15)</td>
<td>26 ± 4 (12)</td>
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<tr>
<td>480</td>
<td>59 ± 14 (11)</td>
<td>709 ± 517 (5)</td>
<td>46 ± 19 (13)</td>
<td>57.3 ± 39.1 (12)</td>
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<tr>
<td>Creatinine level, mg/dL</td>
<td>0.6 ± 0.4 (15)</td>
<td>0.5 ± 0.4 (15)</td>
<td>0.1 ± 0.05 (15)</td>
<td>1.1 ± 0.2 (12)</td>
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<tr>
<td>480</td>
<td>0.7 ± 1.1 (11)</td>
<td>2.4 ± 0.2 (5)</td>
<td>0.5 ± 0.5 (13)</td>
<td>1.1 ± 0.2 (12)</td>
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<td>Lactate dehydrogenase level, U/L</td>
<td>152 ± 123 (15)</td>
<td>107 ± 81 (15)</td>
<td>142 ± 112 (15)</td>
<td>ND</td>
</tr>
<tr>
<td>480</td>
<td>1043 ± 408 (11)</td>
<td>7053 ± 3501 (5)</td>
<td>1191 ± 413 (13)</td>
<td>ND</td>
</tr>
<tr>
<td>Lactate level, mg/mL</td>
<td>0.36 ± 0.15 (15)</td>
<td>0.42 ± 0.17 (15)</td>
<td>0.33 ± 0.11 (15)</td>
<td>ND</td>
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<tr>
<td>90</td>
<td>0.34 ± 0.21 (13)</td>
<td>0.43 ± 0.20 (12)</td>
<td>0.34 ± 0.09 (15)</td>
<td>ND</td>
</tr>
<tr>
<td>180</td>
<td>0.82 ± 0.29 (13)</td>
<td>1.3 ± 1 (11)</td>
<td>0.5 ± 0.2 (15)</td>
<td>ND</td>
</tr>
<tr>
<td>480</td>
<td>2.24 ± 1.5 (11)</td>
<td>1.75 ± 0.91 (5)</td>
<td>1.35 ± 0.79 (13)</td>
<td>ND</td>
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<tr>
<td>Nitrite concentration, μmol/L</td>
<td>11.2 ± 5.2 (15)</td>
<td>11.4 ± 5.1 (15)</td>
<td>10.8 ± 5.7 (15)</td>
<td>ND</td>
</tr>
<tr>
<td>90</td>
<td>14.1 ± 3.6 (13)</td>
<td>15.8 ± 12.1 (12)</td>
<td>12.7 ± 3.8 (15)</td>
<td>ND</td>
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<tr>
<td>180</td>
<td>18.5 ± 6.3 (13)</td>
<td>20.5 ± 8.2 (11)</td>
<td>19.5 ± 10.5 (15)</td>
<td>ND</td>
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<tr>
<td>480</td>
<td>32.2 ± 11.7 (11)</td>
<td>47.5 ± 30.3 (5)</td>
<td>32.5 ± 22.2 (13)</td>
<td>ND</td>
</tr>
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</table>

NOTE. Data are mean ± SD of measurements for all surviving rabbits in each group (no. of rabbits). ND, not determined.
* P < .05, vs. the control measurements before injection of GBS (analysis of variance).

III–specific capsular polysaccharide, had equivalent hyaluronidase activity, exhibited comparable logarithmic growth in Todd-Hewitt broth and RPMI 1640 medium, and possessed identical enzymatic profiles and sugar fermentation patterns on the Bio-Mérieux API 20 Strep identification system, compared with wt strain COH1 [11].

Very recently, the precise genetic basis of the GBS β-hemolysin, including the structural gene cytE, has been defined as a result of heterologous expression of a GBS chromosomal library in Escherichia coli [10]. Targeted allelic exchange mutagenesis and complementation studies identified the gene cytE as necessary for GBS β-hemolysin expression and sufficient to confer β-hemolysis to E. coli. Thus, cytE appears to represent the structural gene for the GBS β-hemolysin. The precisely characterized NH mutant COH1:cytEΔcat [10] became available during the course of this project and showed attenuation of pathogenicity in the lapin model of septic shock similar to that of COH1-20, particularly with respect to mortality and liver toxicity. No isogenic HH GBS mutants have been produced as yet from manipulation of the cyt locus, so IN40 remains the best bacterial strain for examining the effects of overexpression of the β-hemolysin phenotype.

The results in the lapin model of septic shock indicate that expression of GBS β-hemolysin correlates well with high mortality and septic liver failure, whereas it does not aggravate hypotension or trigger massive NO release in this model. Mortality was 67% among animals given the HH strain IN40, although the bacterial load in surviving animals was lower than that in the wt...
treatment group, in which mortality amounted to 26%. It is possible that rabbits with higher levels of bacteremia with the HH strain died early, selecting a subpopulation of surviving animals with lower bacterial loads.

Since GBS β-hemolysin is a potent inducer of iNOS expression and NO production in murine macrophages in vitro [15], we initially hypothesized that the role of β-hemolysin in the pathogenesis of GBS sepsis might be to mediate massive release of NO from iNOS, resulting in severe hypotension. Surprisingly, both hypotension and the accumulation of nitrite (indicating NO production) in rabbits occurred to a similar degree in the wt strain COH1, HH mutant IN40, and NH mutant COH1-20.
treatments groups, indicating that NO and hypotension do not explain the different mortality rates found in this model. One possible explanation for this discrepancy is that rabbit macrophages, in contrast to murine or bovine macrophages, fail to generate detectable amounts of NO byproducts after treatment with proinflammatory stimuli [24]. The \( \beta \)-hemolysin–independent increase of serum nitrite in rabbit serum might be due to NO release from other cell types (e.g., endothelial cells, Kupffer cells [KCs], or hepatocytes) [25]. Wang et al. [26] recently showed that the main source of iNOS-derived NO in a murine model of endotoxemic sepsis was parenchymal and not inflammatory cells. Using a murine model of systemic group A streptococcal infection, Sriskandan et al. [27] describe that iNOS was found in KCs and hepatocytes but not macrophages. Some of the NO released during GBS sepsis might be derived from the endothelial constitutive NOS or the brain NOS rather than iNOS. Hauck et al. [28] reported that intracerebroventricular GBS infection of newborn piglets up-regulated brain NOS and endothelial constitutive NOS in cerebral microvessels, whereas it did not trigger the expression of iNOS.

What, then, are the mechanisms by which GBS \( \beta \)-hemolysin exerts its detrimental effects on the outcome in this model of GBS septic shock? Organ dysfunction and injury play a pivotal role in sepsis mortality. There is precedent for pore-forming bacterial hemolysin-cytolysins in producing organ injury. \( E. \) coli \( \beta \)-hemolysin and \( S. \) aureus \( \alpha \)-toxin are prototypes of a large family of pore-forming proteinaceous toxins that have been implicated in the pathogenetic sequelae of severe infection and sepsis, including development of thromboxane-mediated pulmonary vasoconstriction and edema formation, resulting in septic lung failure [29, 30].

To assess which organs might be targeted by GBS \( \beta \)-hemolysin, we performed clinical laboratory measurements, as used in clinical practice to monitor patients with sepsis. The marked in-

Figure 5. TUNEL staining of livers 8 h after injection with the COH1, IN40, or COH1-20 strain of group B streptococci. Control animals were treated with PBS only.

Figure 6. Activated caspase-3 staining of livers 8 h after injection with the COH1, IN40, or COH1-20 strain of group B streptococci. Control animals were treated with PBS only.
crease of transaminase activities in the serum of HH mutant IN40–treated rabbits is in accordance with the observation (made by use of a microscope) that mutant IN40 becomes sequestered in the liver parenchyma. Disseminated septic microabscesses associated with extensive necrotic areas were detectable in the liver after HH mutant IN40 treatment. The liver is an organ in which very high concentrations of bacteria are noted within KCs in primate and piglet models of GBS early-onset sepsis [31, 32]. In a gram-negative sepsis model, 50% of radiolabeled endotoxin injected intravenously was found in the liver within 5 min [33]. Our findings support the concept of the liver as a key component of host defense in systemic bacterial infections.

KCs represent the largest macrophage pool in the body and are chiefly responsible for microbial clearing from the blood [33]. Activated KCs produce proinflammatory mediators and reactive oxygen species and thus can initiate liver injury during endotoxemia. Hamada et al. [34] describe that, in endotoxin-treated rats, tumor necrosis factor (TNF)–α released by KCs causes hepatocyte apoptosis by activating caspases downstream of TNF receptor 1. In contrast, Wang et al. [35] describe that KCs and polymorphonuclear neutrophil granulocytes activated by gram-negative endotoxin or TNF-α induced significant hepatocellular necrosis, rather than apoptosis.

To assess whether apoptotic pathways are involved in GBS β-hemolysin–mediated hepatocyte injury, we performed TUNEL and immunohistochemical staining of activated caspase-3, using a monoclonal antibody. Caspases are cysteine proteases specifically involved in the initiation and execution phases of apoptosis, and caspase-3 is a key effector caspase executing apoptosis induced by the death receptors Fas and TNF receptor 1 [36]. Hepatocytes positive by TUNEL and active caspase-3 were most abundant in the HH mutant IN40–infected group, less frequent in the wt strain COH1–infected group, and absent in the NH mutant COH1-20–infected group or the sham-treated rabbits (figures 5 and 6).

In the group infected with HH mutant IN40, apoptotic hepatocytes were distributed randomly throughout the liver acini, whereas the numerous microabscesses associated with hepatocyte necrosis were clustered in sections close to the portal triad (figure 4). This pattern of localization suggests that hepatocyte necrosis is caused by high concentrations of β-hemolysin, whereas apoptosis might be a more sensitive indicator of β-hemolysin–mediated hepatocyte injury, which is triggered by low-to-moderate doses of β-hemolysin. This interpretation is supported by the observation that caspase-3 activation and positive TUNEL staining were evident even in the group infected with wt strain COH1, in which hepatocyte necrosis was not found by H-E staining.

The results of this study indicate that β-hemolysin plays a key role for the outcome of GBS sepsis by contributing to high mortality, the establishment of bacteremia, and bacterial invasion of the liver and apoptotic, as well as necrotic, injury to hepatocytes. This study illustrates aspects of the complexity of septic shock and the shortcomings in our current understanding of the fundamental mechanisms of mortality in septic shock. Identifying effective adjuvant therapies for septic shock will require further research into these molecular mechanisms, particularly for gram-positive septic shock, which remains less well understood than endotoxin-mediated shock. Agents targeted to neutralize β-hemolysin toxicity would be of theoretical benefit to infants with GBS septicemia.

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References


